

THINGS TO EXPECT AFTER CATARACT SURGERY

Most patients notice significant improvement in their vision following their cataract procedure. However, you will not be able to drive yourself home the day of your procedure.

- Please have someone available to drive you on the day of your procedure; you will not be able to drive yourself home.
- Please have someone available to drive you to your 1 day post operative appointment.

During the first 24 hours after your procedure you may experience itching and mild discomfort and your vision may be blurry at first.

- It is critical you follow the physician instructions, especially regarding the needed use of antibiotics, anti-inflammatory and any pressure lowering medications during the week following the procedure.
- PLEASE REMEMBER TO BRING YOUR POST OPERATIVE KIT, which includes your eye drops, along to your 1 day and 1 week post operative visits as the physician(s) will want to review your drop regimen with you at each visit.

Improved vision may be evident within a few days after your procedure, and you can expect a relatively quick visual recovery. While most patients experience little to no pain, some discomfort post procedure is always a possibility. If you feel discomfort, it could last between 1-2 days. This is normal. **If you experience pain, headache, nausea, light flashes or floaters and/or decrease in vision, call the office immediately.** This is not normal.

You may experience any of the following symptoms after your procedure and these are all normal:

- Blurriness within the first few hours
- Vision may get blurry toward the evening of surgery
- Sight discomfort
- Light Sensitivity
- A scratchy, grittiness or burning sensation
- More tearing than usual
- Temporary halos around lights at night
- If you have discomfort, you may take Advil, Nuprin, Aleve, Tylenol, or Aspirin for relief

The best way to manage any discomfort and to heal properly is to rest and keep your eyes closed. Use your tears frequently. If you experience any pain that you believe is not normal, do not hesitate to call us at 1-617-636-4600.